

Autumn Term | Friday 20th October 2023



Dear Parents and Carers,

As we enjoy the half-term break, I wanted to take a moment to reflect on our recent achievements and share some exciting news about our school.

First and foremost, I am incredibly proud of the dedication and hard work of our Year 11 students. Their commitment to their studies and preparation for their upcoming mock exams is commendable. I recommend that they plan their time over the half-term so they can continue. Additionally, I'm thrilled to announce that with their revision but also have some well deserved rest.

Our Combined Cadet Force (CCF) has achieved remarkable success. We recently participated in a competition and secured the sixth overall place, a testament to the discipline, teamwork, and leadership skills instilled in our students through the CCF program. This accomplishment showcases the excellence and character of our students, and I'm sure it will inspire others to join the CCF and participate in its many rewarding activities.

This Wednesday we hosted a Year 7 singing competition. It was an absolute delight to witness the talents of our youngest students shine so brightly. Their enthusiasm, talent and confidence performing were truly remarkable. It's a testament to the staff, who have helped them settle

in so well.

Last Monday we hosted a Key Stage 3 volleyball tournament. The atmosphere was charged with excitement and competitiveness. The boys across the three year groups showcased their talent on the court and excellent teamwork and passion for the sport.

Furthermore, our recent open mornings have been a great success. They provided an opportunity for prospective students and their families to witness first-hand the vibrant and dynamic community here at our school. The dedication of our staff, the enthusiasm of our students, and the quality of our educational programs were on full display. These open mornings have highlighted the unique and enriching experience we offer, and I'm confident that they will result in an influx of talented students joining our school community in the future.

I want to express my gratitude to our dedicated staff, supportive parents, and enthusiastic students for making all of these achievements possible. It is through our collective efforts that we continue to excel and provide an exceptional education for our students.

As we enjoy this well-deserved half-term break, let's celebrate our successes and look forward to even more achievements in the future. Thank you for your unwavering commitment to our school's mission.

Ms Dohel,
Principal

Principal's Breakfast This Month



Meeting our CCF Pringle Cup Competitors



Tutor Nominations - Mr Blakemore, was thrilled at the chance to host Principal's Breakfast in my absence.

Key Dates

Monday 23rd October 2023 - Friday 27th October 2023: Half term holiday

Friday 3rd November: Year 11 mock examinations begin

Monday 13th November: Year 8 Remembrance Event

Thursday 16th November: Year 7 Learning Showcase

Monday 20th November: INSET Day - School closed to ALL students

Thursday 30th November: Sixth Form Parents' Evening

Wednesday 6th December: Year 8 Learning Showcase

Thursday 7th December: Year 11 Parents' Evening / Sixth Form Open Evening

Friday 8th December: INSET Day - School closed to ALL students

Wednesday 13th December 2023 - Thursday 21st December 2023: Formal assessments (Year 12 and Year 13)

School News

We had another successful Open Morning this month. A big thank you to our ambassadors who helped out and showcased our wonderful school.



Yunus,Aahil,Jailen, Kaamaari Sukhram, Ahmed,Daniel and Malik

100% Attendance Awards Congratulations

We expect 100% attendance for all our students to help them attain their best results at school.

We would like to celebrate the following who have received 100% attendance awards this month.



Archie - 11PL

Jevorn - 10MU

VolleyBall Tournament

"Education with Character" is a programme at EBA designed to develop skills and interests for students whilst supporting learning in lessons. The PE department organised a Key stage inter tutor group tournament which saw over 300 student playing or supporting each other in the sport of volleyball. Students had the chance to demonstrate their skills after a half term of studying the sport in PE lessons. Well done to 7JO, 8KEB, 9CP and 9HM for being victorious in their respective year groups. Teamwork, sportsmanship and fun were all evident in an enjoyable afternoon's activity. Thank you to the PE department for organising this hugely successful afternoon.



Year 7 Singing Competition



The Year 7 students entertained parents and staff in a singing competition on the 18th October. The boys had been working on their performances since the beginning of the term. The competition was an inter tutor group performance whereby each class was given a song representing a decade. 7ACA delivered a performance of Beat It for the 1980s. 7SOA sang I'm Your Angel for the 1990's. 7JO performed The World's Greatest for the 2000s and 7AM performed Four Five Seconds for the 2010s.

Major shout out and congratulations to our winners 7SOA with their captivating performance of I'm Your Angel. We would like to thank the parents for their support, all Year 7 students for delivering stellar performances, and our panel of judges for their involvement and assistance. This was a lovely end to the half term. A big thank you to all involved!

Careers

Emanuel School Creative Careers Evening

A few of our Purple Ties were selected to go on a special careers event at Emanuel School early this month. The evening specialised in the creative industries and students met with people from film and television to music and writing industries amongst others.

"I recently had the privilege of joining a group of students from Ernest Bevin Academy going to the Emanuel School Media Careers event. The event took place after school from 3:15 – 6:00 and to say it was a wonderful time would be an understatement. Upon arriving at the school, we were greeted by a warm welcome from the faculty. We were shown to our seats and were given a small lecture. We were given an abundance of information, of the information the key points to take out were:

The best way to get into the media industry is to start off as a runner, it may seem unrelated to the job you may want in the future, but this is the best way to get a feel for all the jobs that you can achieve when getting into any media sector. Many people have set their minds on one job but have changed after seeing other jobs that they like.

Being in the media industry is extremely competitive, you must show that you stand out and are dedicated to the cause. Having multiple skills linking to media (such as knowing how to use a camera) under your belt will prove extremely helpful in distancing yourself from competition.

Finally, if you are in this for the money you might as well quit now! The media industry is not filled with money, but people love their job, and do it because it is what they love. Many people get the impression that joining the media

industry will give you riches, but it is quite the opposite. People do this because they love it. When starting off you may get paid little to nothing, but this will help you on your journey to get to where you want to be in the future, you can do anything you want if you apply yourself.

After the lecture we were taken to the main hall, heaven for any person wishing to join the media industry. We were greeted by professionals in many areas of media. Unfortunately, we had limited time to speak with these experts, so I had to make the most of it. I had the chance to speak to multiple people all from different areas of the business such as Helen Sage, Mel, and Michele. They were all extremely helpful, giving me tips and knowledge on how I could join the media industry. From the hour I spent talking I learnt:

Extended writing is particularly important in most areas of media. Being able to write your own text is key due to the fact things like AI are taking over our social media. Having the skill to write yourself will set you apart from others who may have to use apps like ChatGPT.

Confidence is key. You need to be able to speak in front of people when going into television or when authoring articles, you want to be able to proudly show that you are

the writer of that article

Having a good set of A-Levels, GCSEs and degree (if needed) will increase your chances of getting the job you want. When going into the media industry you should carefully choose what GCSEs you pick as it all starts from there. After doing your GCSEs, key subjects you should think about doing are English Language, Media Studies and History. To do all three of these A Levels you need at least a grade 5 in English

Work on any job you can get. When joining the media industry and you are offered a job at the start of your career you should always take it so you can get as much experience as possible so in the future you know what you want to do and so you can also build up a solid CV.

I am incredibly grateful for the opportunity that I had been given to go the Emanuel School Careers event and meet such wonderful people who have helped me focus on my goals so much more. I cannot stress enough, when you are given the opportunity to go and attend an event take it! You will always learn so much from events like this and gain valuable information that many others do not have access to."

Isa 11PL



Our students meeting with creatives at Emanuel School

CCF - Pringle Cup

Ernest Bevin Cadets Raise Their Game in Pringle Trophy Competition

On the first weekend of October, ten cadets from the school travelled to the Commando Training Centre at Lymstone, Devon to take part in the national competition for all Royal Marines cadets in the UK. This is named after Sir Steuart Pringle, a former commander of the Royal Marines.

Sixteen schools entered teams and all cadets took part in a variety of activities which challenged both body and brain. Many schools have had cadet forces for decades and are therefore highly experienced while Ernest Bevin is a relative newcomer. Despite this, the Ernest Bevin cadets achieved their best ever result - 6th out of 16 teams.

The cadets were accompanied by Mr Kay and Mr Riches - who explained that our team managed to beat several well-known independent schools including Rugby, Wellington, Millfield, Harrow, and Charterhouse.

A massive congratulations to our boys and a big thank our to the accompanying staff. Well done and a thoroughly deserved sixth place!



Well Done Kabeer, Wojciech, Bryan, Ishaq, Mehmood, Youssef, Fayiz, Juan, Omar, Jessie

Eco Leaders

One of the many benefits of belonging to a trust is the collaborative work we can do on important topical issues. We have formed an eco-leader group and aim to meet regularly to discuss what we can do as a community to improve our carbon footprint. We have our own targets, along with the following targets set by United Learning:

- Meat free Mondays;
- Recycling food waste;
- Improving energy efficiencies.

A number of initiatives are already in place, including:

- Installing LED lighting with a focus for all staff to actively turn off lighting whenever it is not needed;
- Ensuring printed items are printed in black and white and double sided. Any large volume or colour printing is monitored;
- All pcs are powered down at 6pm and interactive screens switch off after 30 minutes of inactivity.
- Plasma screens turn off at 8pm and old computer

- equipment and metal is recycled by a specialist company;
- Refurbishment is considered before purchasing new items. Recyclable cups and crockery is used at events;
- Green travel is promoted amongst our whole community.

We are working on a scheme to ensure we make the most of our paper recycling processes at school and we would like to be able to introduce more home grown produce. We are eager for the community to be involved and would welcome ideas for us to explore further.

The 20th annual Recycle Week takes place 16-22 October 2023.

The theme this year is The Big Recycling Hunt and the campaign is a week of action which brings the nation together to recycle more of the right things, more often.



Malik (8JR), Qasid (Sixth Form), Jessie (10VSU), Sakarika (Sixth Form), Roman (9SNS)

Maths Competition



Well Done!

Ishaq, Shanthoos, Nicholas, Moammad, Sivaindran, Kavishan, Boluwatife, Billal, Sami, Tawhid

Senior Mathematical Challenge is a 90 minute, 25 multiple choice question aimed at students in Year 13 or below. The problems on the Senior Maths Challenge are designed to make students think. Stimulating problems for both beginners and experienced problem-solvers.

Sports Round-up Cross Country

Early in October, 18 of our students attended the Enable Wandsworth Schools Cross Country at Tooting Bec Common.

"Blue, Yellow and Red Ties attendend the Wandsworth Cross Country event. It was a good experience to represent the school. The Year 7s were very excited. It was a good test of my fitness. Good fun all round, nice to mix with other year groups."

Vinosh, 8HL



Well Done Team EBA



Battersea Power Station

This week all of our GCSE Geography students took a visit to Battersea Power Station and the Nine Elms redevelopment as part of their curriculum. We are pleased to be able to help our students meet their subject targets with field trips and would like to thank all staff involved in these trips.

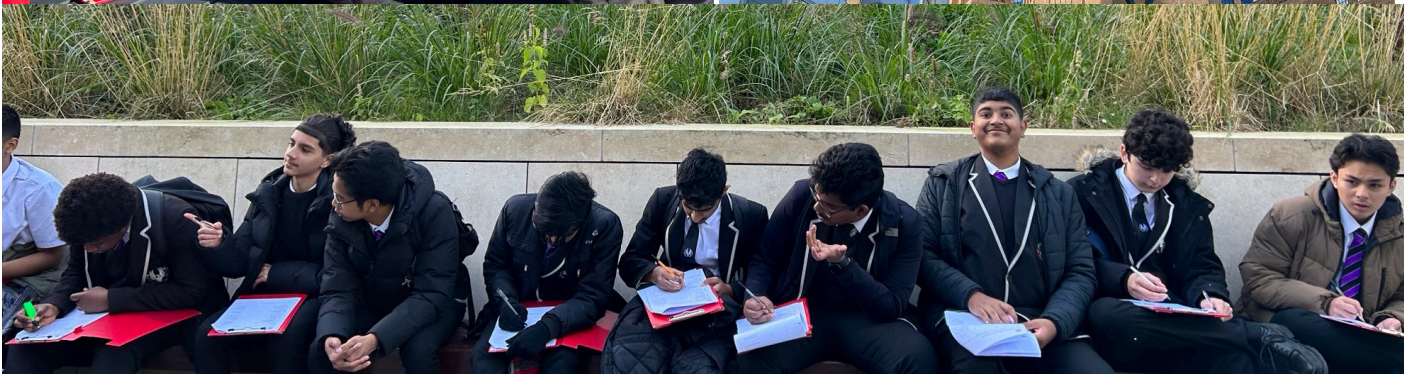
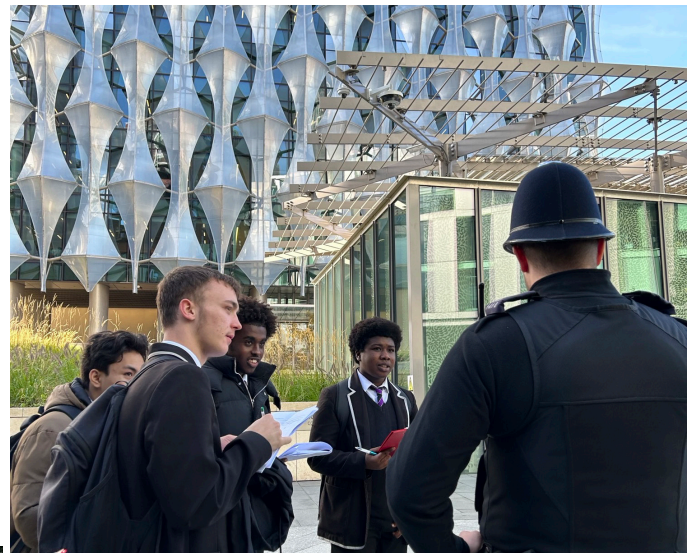
Nine Elms Fieldwork

"What seemed at the start to be a regular geography fieldwork trip to Nine Elms, rapidly turned into an adventure full of unexpected and laugh-out-loud moments. This field work's role is to provide us with much more in-depth knowledge of how effective regeneration could be, using the most recent one, being Nine Elms. Miss Heyes oversaw our trip and was the one who guided us with a carefully thought-out plan, through the regenerated land of Nine Elms. This made the trip flow smoother, alongside the support of other staff members who joined us on this trip. We were given the chance to split into groups of our choosing and approach members of the public, with written questions about their time in Nine Elms, their views on the sweeping regeneration and their thoughts on landmarks, lifestyle and even communities present in Nine Elms. Although it is sometimes difficult to approach an unknown person, having one another close by, helped us and allowed us to fill in those questions.

We visited many zones within Nine Elms, but only two sites shocked me the most. The regeneration of the Battersea power station and the birth of the American Embassy, were what stood out the most, alongside the nature present around both. The unique shapes and aesthetic view given to the American Embassy

and the inner regeneration of the power station, made this fieldwork more exciting than ever. The futuristic atmosphere provided around Nine Elms and the major presence of nature around provided a positive and welcoming atmosphere, making this trip enjoyable. This trip was full of enjoyment and enthusiasm shared by every class member. An unforgettable fieldwork involving the regeneration of Nine Elms and involving our growth as a class."

Anoch Year 11



Student Support

Dear Parents & Carers,

EBA continues to strive to improve the mental health and wellbeing of the whole school community. Parent, student, and staff wellbeing surveys have been sent out this week and so far, the results show that we are moving in the right direction.

The month of October includes World Mental Health Day and OCD awareness week.

Half-term could be a good time to talk about mental health with you children and family.

Underneath this page is a helpful guide on how to talk to someone about Mental Health.

It is important that we open up conversations about emotional wellbeing and mental health. We want to break the stigma surrounding it and enable the people we care about to feel safe coming forward if they are struggling.

If you feel that your child is struggling, please inform the school so support can be put in place for them here.

To honour OCD awareness week here is a link to some information about OCD:

[Obsessive-compulsive behaviour : Mentally Healthy Schools](#)

Thank you for reading,

Mr Tweed (Mental Health Counsellor)

Conversation Guide: Talking to someone about mental health

Mental Health UK

Spotting the signs of poor mental health - notice the changes

Physical symptoms

- Headaches
- Muscle tension/ back ache
- Tight jaw/ grinding teeth
- Raised heart rate/ faster breathing
- Changes in appetite
- Stomach problems
- Difficulty sleeping

Behavioural symptoms

- Avoiding and blaming others
- Eating more, eating less or comfort eating
- Using alcohol, substances or smoking
- Snapping at others
- Becoming more accident prone
- Biting nails
- Self-harm

Emotional symptoms

- Irritable
- Frightened
- Worried/anxious
- Angry
- Feeling overwhelmed
- Fear
- Shame



Cognitive symptoms

- Worrying about the past or future
- Racing thoughts
- Panic attacks
- Problems concentrating
- Memory lapses/ forgetting things
- Difficulty making decisions
- Unable to think clearly

Dos and don'ts to having a supportive conversation

Do choose the right environment

Consider who else is around and can potentially overhear the conversation – if on the phone or online, could you use headphones to allow for greater privacy? Ask them: where would you like to talk?

Do give your full attention and listen without judgement

Offer reassurance that you are there to listen.

Try not to multitask, it's important to convey that you are dedicating your full attention to the conversation.

Do ask open questions

Ask them "How are you today?" or "I've noticed you haven't seemed yourself lately, how are you feeling?" – Sometimes making it about the present can prevent the ubiquitous "I'm fine" response.

Don't assume you know the answers

You're not expected to be an expert. If you don't know what to say, remember that you don't need to find an answer, or even understand their feelings. Listening will let them know you care.

Don't challenge, ignore or invalidate

Don't silver-line situations or try to make the person feel better. If someone says they feel worthless and we respond,

"No you're not, don't be silly" we are invalidating what they have said.

Don't compare

Sometimes we can draw up a story comparing their situation to someone else's or your own. In some instances, this can show empathy, but it can also sometimes turn into you telling your story rather than listening to them.

Do reflect back and clarify

If someone says something that isn't clear and you don't know what they meant, repeat back what they have said and ask them to explain. Don't put words in their mouth.

Do show empathy rather than sympathy

Empathic responses show that you're trying to see where the person

is coming from. Sympathy usually expresses pity, so say something like "That must be awful, I'm so sorry." Instead of "I'm sorry for you"

Do empower the person

Ask: "What do you think would help?" rather than tell them what you think would help. Give information rather than advice. This makes it empowering.

Don't try to find an easy solution

What would help someone or what they want to happen will be different for everyone so don't try to 'fix' or give advice as your first response.

Don't diagnose

You are not in a position to diagnose a mental illness. This is not your role, even if you've gone through something similar yourself.



Signposting

Learn more about mental health conditions



SCAN ME

As a first point of call, GPs are the main gateway to further support. Let them know that they can book a double appointment with their GP to discuss their mental health, so they don't feel rushed. They can request for a family member or friend to attend the appointment with them.

Find out more



SCAN ME

You could suggest our online community Clic. It's monitored 24/7, so it's a great way for people to connect with others and get peer support.

Join Clic for free



SCAN ME

To find support in your local area, or if you or someone is experiencing a crisis, visit www.mentalhealth-uk.org/support-and-services/



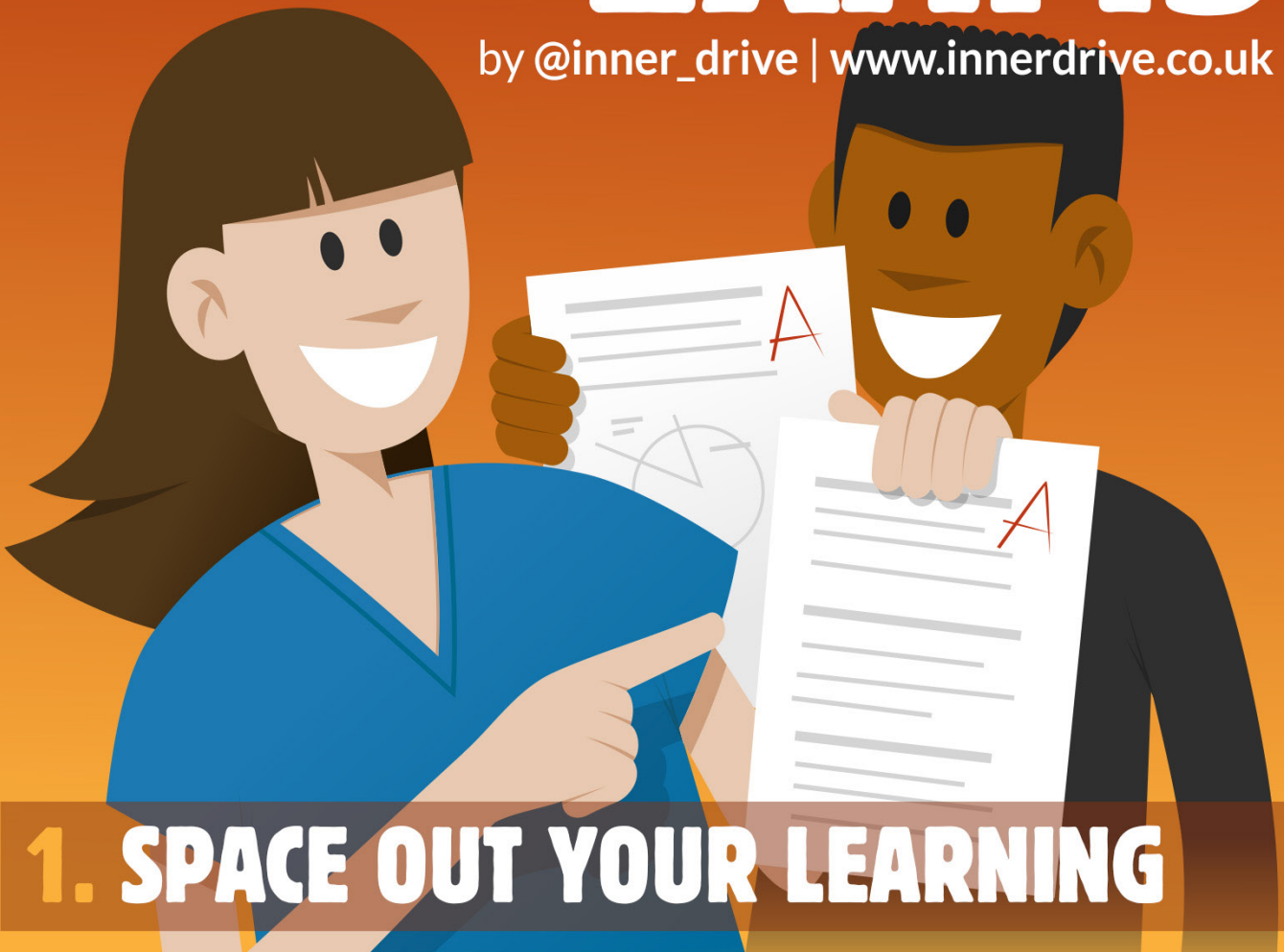
Find support



SCAN ME

5 WAYS TO DO WELL IN EXAMS

by @inner_drive | www.innerdrive.co.uk



1. SPACE OUT YOUR LEARNING

2. USE RETRIEVAL PRACTICE

3. TAKE TIME OUT FOR YOURSELF

4. GET ENOUGH SLEEP

5. DON'T SKIP BREAKFAST

7 Reasons Why it is Good to Ask for Help

by @inner_drive | www.innerdrive.co.uk



- 1** Develops relationships with others
- 2** It is a sign you are a high performer
- 3** Improves your resilience
- 4** Develops a growth mindset
- 5** Improves your mental health
- 6** Others will value you more
- 7** Working with others is better than working alone

Parent Notices



Parking Notice - Polite Reminder

We kindly request that you refrain from parking on the single yellow lines outside the school premises. We've received complaints from local residents about this issue and it is causing significant concerns. Not only does it inconvenience our neighbours, but it also poses a safety hazard by blocking emergency exits and impeding access to car parks. Your cooperation in adhering to parking regulations outside the school is greatly appreciated and will contribute to a safer and more considerate environment for everyone.

WANTED COSTUME / PROPS

If you have any of the items listed below, please contact the school and ask to speak to Mr Kilner

Rugs

Hats

Cardigans

Jackets/coats

Small dining Table / Chairs

Brooms (with removable broom head - I like the stick)

Broken vacuums

Old telephone handsets (corded or cordless)

Sunglasses

Umbrellas

Rolls of fabric - any colour



Fundraising



Easyfundraising

We are now registered with easyfundraising, which means you can help us for FREE. Over 7,000 brands will donate to us when you use easyfundraising to shop with them - at no extra cost to yourself! All you need to do is sign up and remember to use easyfundraising whenever you shop online. It's easy and completely FREE! These donations really mount up, so please sign up to support us here [link](#)



Community Notices



**WE'RE GOING FOR 2025
LONDON BOROUGH OF CULTURE**

Let's do this together.
Support our bid at wandsworth.gov.uk/culture



AUTUMN BREAK SWIMMING CRASH COURSE

(Monday 23rd - 27th October 2023)

Perfect your Front Crawl, Backstroke, Butterfly, and Breaststroke.
Learn Competition Starts and Turns, Diving & Survival Skills



Improvers, Advanced & Club Swimmers, (Stages 5 to 8+) needed to take part in Swimming Teacher Training Course at:

ERNEST BEVIN ACADEMY, TOOTING

**Monday 23rd - 27th October 2023
(5-day course)**

£45 for the week (Only £9 per day-1h session).

Course runs from 3pm-5pm each day

For further information and to enrol onto these courses, please email Julia at julia@aquatictrainingcourses.com

ENROLMENT CLOSING DATE:

Friday 20th October 2023

APPLY BY 31 OCTOBER 2022

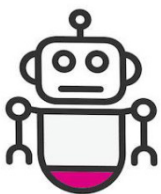
Choose a
Wandsworth
**SECONDARY
SCHOOL**



**WANDSWORTH
BLACK
HISTORY
MONTH 2023**

For more info about events:

<http://wandsworth.gov.uk/black-history-month>



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2024

CAMPS

WILTSHIRE AUTUMN CAMP
22 - 27 OCTOBER 2023

A WEEK OF THEATRE TRAINING
FROM TOP PROFESSIONALS, WITH NO
AUDITION NECESSARY!

SEE OUR WEBSITE FOR 2024 CAMPS



AUDITION FOR OUR 2024 SEASON OF SHOWS

ONLINE AUDITIONS

SAT 04 NOVEMBER 2023
SUN 05 NOVEMBER 2023
SAT 12 NOVEMBER 2023

SAT 18 NOVEMBER 2023
SUN 19 NOVEMBER 2023
SAT 25 NOVEMBER 2023

"I am a changed person and feel like BYMT is a magical and incredible environment to learn new skills and make new lifelong friendships."

IN-PERSON AUDITIONS

SAT 27 JANUARY 2024

DUBLIN, LONDON &
MANCHESTER

SUN 28 JANUARY 2024

BELFAST, IPSWICH &
BOLTON

SAT 03 FEBRUARY 2024

LEICESTER, LONDON &
ABERDEEN

SUN 04 FEBRUARY 2024

DONCASTER, OXFORD &
GLASGOW

SAT 10 FEBRUARY 2024

BRISTOL, NEWCASTLE &
LONDON

SUN 11 FEBRUARY 2024

BIRMINGHAM, LEEDS &
LUTON

SAT 17 FEBRUARY 2024

WREXHAM & PLYMOUTH

SUN 18 FEBRUARY 2024

LIVERPOOL &
SOUTHAMPTON

BYMT Participant

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Registered in England 04983332 Office: Moorhouse, 120 Pichfield Hill Street, London, SE15 5JF



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2023

moneysavingcentral.co.uk/kids-eat-free



MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

M&S CAFES

Spend £5 & get one free kid's meal Mon - Fri during the Oct Half term (various dates)

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast for just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Monday 16th October - Friday 27th 2023 kids eat free with every £10 adult spend

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

BILLS

2 kids eat FREE Monday - Friday from Monday 23rd October - Friday 3rd November 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

